

METHOD OF TREATING ENVIRONMENTAL STRESS

This application is a continuation in part of U.S. application Serial No. 09/147,293, filed November 23, 1998, now abandoned, which is incorporated herein by reference.

FIELD OF THE INVENTION

The present invention relates in general to the treatment of environmental stress and, more particularly, to a method of treating various adverse effects on the skin caused by external environmental stress due to contact of the skin with tobacco smoke and/or automobile exhaust emissions.

BACKGROUND OF THE INVENTION

In modern society, people are frequently exposed to floating fine particles.

For example, in offices, where people have many occasions to be exposed to each other in a crowded situation, there are many opportunities to be exposed to floating fine particles from tobacco smoke. If there is only one heavy smoker in a crowded office, these people

end up being frequently exposed to tobacco smoke directly or indirectly unless there are some active countermeasures such as creating Memphis areas or installing air cleaners.

5 In cities and in the vicinity of major arterial roads, there are many occasions to be exposed to floating fine particles and nitrogen oxides (NO_x) from the automobile exhaust gas. Also, these nitrogen oxides and such produce ozone, which in turn becomes
10 so-called night smog, causing problems. Furthermore, in the vicinity of chemical plants, thermal power plants, discontinued mines, industrial waste areas, etc., there are many occasions to be exposed to floating fine particles of soot and smoke as
15 well as heavy metal fine particles.

In an environment where people are exposed to such floating fine particles, contact between these floating fine particles and the skin causes various types of stress on the people in the environment.

20 For example, Tobacco smoke is known to have various adverse effects on humans such as a cause of carcinogenesis, emphysema, etc., and also it is known to deteriorate the condition of the skin such as by causing wrinkles.

25 Although it is true to some degree that people

maintain adequate alertness by stress, the above
described environmental stress due to external causes
are nothing but harmful. Therefore, means to
eliminate this type of environmental stress are sought
5 after.

While the environmental stress due to these
floating fine particles which have adverse effects on
the condition of the skin always exists as people go on
with their lives, it exists more conspicuously in the
10 aforementioned offices and in the vicinity of factories
and arterial roads (hereafter, these may be referred to
as "stress environments").

Just as there is more ultraviolet light on
summer beaches and winter mountains and "a means
15 to prevent sunburning" is necessary in such an
environment, leading to creation of "a sunscreen
composition" as a countermeasure, "a means to protect
the skin from environmental stress" has to be
specifically created in modern society where such
20 stress environments actually exist.

The object of the present invention is to provide
a means to efficiently prevent the stress due to
floating fine particles which float in the air which has
adverse effects on the skin in particular (referred to
25 also as "environmental stress" in the present

invention) and to maintain healthy skin even in the stressful environment.

This environmental stress is believed to be caused by various chemical and/or physical factors such as oxidation reactions triggered by the contact between floating fine particles and the skin (there may also be an influence due to psychological factors such as psychological stress from discomfort due to mere contact with floating fine particles).

In any case, it is believed that this environmental stress does not have a single cause such as in the case of photo aging of the skin due to long-term exposure to ultraviolet light from the sun, and that it is a stress deeply related to skin conditions caused by intricately intertwined multiple factors.

The inventors conducted an in-depth investigation to achieve this object, and unexpectedly discovered that certain antioxidants have the effect of effectively treating the adverse effects of environmental stress on the skin, and that the skin can be effectively treated for environmental stress by using a liniment which contains these antioxidants (such a liniment composition will be referred to as "a liniment

composition for preventing environmental stress"),
thus completing the present invention.

SUMMARY OF THE INVENTION

The present invention provides a method of treating environmental stress due to contact of the skin with tobacco smoke and/or automobile exhaust gases by applying to the skin one or more ingredients selected from the group consisting of sulfur containing amino acids, metabolic intermediates of sulfur containing amino acids, tannin and vitamin C and its derivatives.

DETAILED DESCRIPTION OF THE INVENTION

It is preferred that the sulfur containing amino acid is glutathione, and the metabolic intermediate of the sulfur containing amino acid is thiotaurine or hypotaurine. In the present invention, it is advantageous to blend a hydroxycarboxylic acid or its derivative into the liniment.

In the present invention, "environmental stress" refers to external physical

and/or chemical stress factors accompanying human civilization such as the aforementioned tobacco smoke in offices or soot and smoke from factories, rather than internal mental stress accompanying
5 increasingly complex human relationships. The liniment composition for preventing environmental stress of the present invention is a liniment composition to protect the skin from adverse effects due to the aforementioned environmental stress in a
10 stressful environment in order to maintain healthy skin.

The "floating fine particles" which cause "environmental stress" are those which are mainly generated by artificial causes such as tobacco smoke,
15 automobile exhaust (not only from gasoline engines but also from diesel engines) as well as soot and smoke from chemical plants and thermal power plants (also including those due to natural causes such as soot and smoke due to volcano eruptions) and, in
20 general, fine particles which float in the atmosphere (outdoor and indoor) for at least a certain amount of time and contact human skin and have some effect on it. Therefore, a gas which does exist in the atmosphere at normal temperatures but has no effect
25 on human skin upon contact, such as carbon dioxide,

is excluded from the definition of "floating fine particles". However, pollutants such as NO_x and O₃ which can have an effect on human skin are included in this definition.

BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 is a schematic view of a tobacco smoke exposure apparatus.

FIG. 2 is a bar graph showing the effect of various compositions used in suppressing reduction in the corneum moisture content of the skin.

FIG. 3 is a bar graph showing the effect of various compositions used in suppressing ultraweak chemiluminescence of the skin.

FIG. 4 is a bar graph showing the percent reduction in ultraweak chemiluminescence of the skin due to the use of thiotaurine at several concentrations.

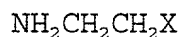
THE BEST MODE

The method of the present invention uses a liniment containing one or more ingredients of thiotaurine, hypotaurine, tannin and/or vitamin C or derivatives thereof.

Sulfur containing amino acids which can be included in the liniment of the present invention include methionine, cystine, cysteine and glutathione.

It is preferred to use glutathione as the sulfur containing amino acid in the liniment for treating environmental stress. Examples of metabolic intermediates of sulfur containing amino acids which can be used in the liniment used in the present invention include homocysteine, sulfinic acid, cysteinic acid, thiocysteine, taurine, djenkolic acid, cystathionine, S-allylcysteine, lanthionine and enthionine.

Examples of metabolic intermediates of sulfur containing amino acids also include various aminoethyl compounds. Preferably, the liniment used in the present invention contains an aminoethyl compound represented by



wherein X denotes a thiosulfonic acid group $-\text{SO}_2\text{SH}$, in which case the compound is thiotaurine, or wherein X denotes a sulfinic acid group $-\text{SO}_2\text{H}$, in which case

the compound is hypotaurine.

Both thiotaurine and hypotaurine are contained in major organs such as the heart, brain and liver of many mammals including humans, and also amply
5 contained in food we eat daily. There have been no reports of side effects such as irritation, itchness or rashes and therefore they are highly safe aminoethyl compounds.

Both thiotaurine and hypotaurine can be easily
10 prepared with a conventional method from thio compounds which are easy to obtain, such as cysteine. It is also possible to blend those commercially available into the liniment composition for preventing environmental stress of the present invention.

15 Tannin which can be blended into the liniment composition for preventing environmental stress of the present invention is also called tannic acid and these are generic names of complex aromatic compounds with many phenolic hydroxyl groups.
20 Tannin is usually classified into the condensation type tannin which is derived from the polymerization of flavanol skeletons and the hydrolysis type tannin which is derived from the depside bonding of aromatic organic acid and sugar. In the present invention,
25 both of these types of tannin can be blended in.

The source of tannin to be used in the liniment composition for preventing environmental stress of the present invention is not limited either. Possible sources include tea, gallnut and persimmon, but the
5 present invention is not limited to these.

Among tannins from various sources, tannin derived from tea is a particularly preferable tannin to be blended into the liniment composition for preventing environmental stress of the present
10 invention.

The aforementioned tannin to be blended into the liniment composition for preventing environmental stress of the present invention can either be extracted and prepared using a conventional
15 prior art method or commercially obtained.

The vitamin C and derivatives which can be blended into the liniment composition for preventing environmental stress of the present invention include L-ascorbic acid, ascorbates such as sodium ascorbate,
20 ascorbic acid derivatives including L-ascorbic acid alkyl ester, L-ascorbic acid phosphoric ester, L-ascorbic acid sulfuric ester and L-ascorbic acid glucoside.

Specific examples of the aforementioned L-
25 ascorbic acid alkyl ester include L-ascorbyl palmitate,

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5 L-ascorbyl isopalmitate, L-ascorbyl dipalmitate, L-
ascorbyl diisopalmitate, L-ascorbyl stearate, L-
ascorbyl isostearate, L-ascorbyl distearate, L-
ascorbyl myristate, L-ascorbyl isomyristate, L-
ascorbyl dimyristate, L-ascorbyl diisomyristate, L-
ascorbyl 2-ethylhexanoate, L-ascorbyl di-2-
ethylhexanoate, L-ascorbyl oleate and L-ascorbyl
dioleate.

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10 Specific examples of the aforementioned L-
ascorbic acid phosphoric ester include L-ascorbic acid
2-phosphoric ester, L-ascorbic acid 3-phosphoric ester
and DL- α -tocopherol-2-L-ascorbic acid diphosphoric
ester.

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15 Specific examples of the aforementioned L-
ascorbic acid sulfuric ester include L-ascorbic acid
2-sulfuric ester and L-ascorbic acid 3-sulfuric ester.

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20 In the liniment composition for preventing
environmental stress of the present invention, it is
also possible to blend in salts of these derivatives of
ascorbic acid. Examples include alkali metal salts
and alkali earth metal salts, such as sodium salts,
potassium salts, calcium salts and magnesium salts,
of the aforementioned ascorbic acid derivatives.

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25 The aforementioned vitamin C and derivatives
to be blended into the liniment composition for

preventing environmental stress of the present invention can be either extracted and/or manufactured according to prior art methods, or purchased commercially.

5 As described thus far, the liniment composition for preventing environmental stress of the present invention contains as essential ingredients sulfur containing amino acids, metabolic intermediates of sulfur containing amino acids, tannin or vitamin C or
10 its derivatives. These ingredients can either be blended in singly or in combinations of two or more.

As for the content of the essential ingredients in the aforementioned liniment composition for preventing environmental stress of the present
15 invention, the content of the sulfur containing amino acid or the metabolic intermediate of the sulfur containing amino acid is 0.001 wt% or more and 5.0 wt% or less of the total liniment composition.

The content of tannin is 0.0001 wt% or more and
20 5.0 wt% or less of the total liniment composition.

The content of vitamin C or its derivatives is 0.001 wt% or more and preferably 10.0 wt% or less of the total liniment composition.

When these ingredients are blended in
25 combination, the content of each ingredient can be

selected according to the specific combination.

As described thus far, the liniment composition for preventing environmental stress of the present invention containing the aforementioned ingredients
5 can effectively eliminate the adverse effects incurred on human skin in a stress environment. The protection against the adverse effects in the stress environment can be further improved by addition of hydroxycarboxylic acid and/or its derivatives to the
10 aforementioned liniment composition for preventing environmental stress of the present invention.

Examples of the aforementioned hydroxycarboxylic acid and/or its derivatives to be blended in the liniment composition for preventing
15 environmental stress of the present invention include hydroxycarboxylic acid or its ester, lactone, salts, etc.

Specific examples include glycolic acid, benzilic acid, tropic acid, lactic acid, malic acid, citric acid, isocitric acid, citramalic acid, tartronic acid, tartaric
20 acid, gluconic acid, galactonic acid, α -hydroxyisobutylic acid, phenyl-lactic acid, muldic acid, atrolactic acid, gluconolactone, galactonolactone, ribonic acid, ribonolactone, pantoic acid, pantolactone, pantotheinic acid, α -hydroxybutylic
25 acid, β -hydroxybutylic acid, quinic acid and pyruvic

acid, phenylpyruvic acid, methyl pyruvate, ethyl pyruvate, benzoylformic acid, methyl benzoylformate and ethyl benzoylformate.

Among these hydroxycarboxylic acid and its
5 derivatives, more preferable in the present invention are glycolic acid, lactic acid, malic acid and citric acid.

The aforementioned hydroxycarboxylic acid and its derivatives can be either singly blended in the
10 liniment composition for preventing environmental stress of the present invention or in combination of two or more as necessary. The content of the aforementioned hydroxycarboxylic acid and its derivatives in the liniment composition for preventing
15 environmental stress of the present invention is not limited in particular. It should be selected based on the content of the aforementioned sulfur containing amino acid and the combination. In general, it should be 0.001 wt% or more and 1.0 wt% or less of the
20 total liniment composition.

In order to obtain the expected effect of the present invention, i.e. elimination of the adverse effects in a stress environment, it is not necessary to blend in any other ingredients in the liniment
25 composition for preventing environmental stress of

the present invention. However, other ingredients can be blended in for the purpose of giving the effect they generally have to the liniment composition for preventing environmental stress of the present invention, as long as the expected effect of the present invention is not affected.

In this sense, ultraviolet light absorbents, ultraviolet light blocking agents, humectants, vitamins other than vitamin C, anti-inflammatory agents, plant extracts other than tannin and skin activating agents can be blended into the liniment composition for preventing environmental stress of the present invention.

Also, the liniment composition for preventing environmental stress of the present invention can take every form of endermic liniment (cosmetics, drugs, quasi-drugs). Specifically, it can be used in a lotion, emulsion, cream, ointment, pack, aerosol, water-oil two-phase agent, water-oil-powder three-phase agent, essence, gel, foundation, lip stick, shampoo, rinse, etc.

According to these specific forms, various general base agents and such can be blended into the liniment composition for preventing environmental stress of the present invention within the range which

does not affect the expected effect of the present invention. Specific examples include liquid oil/fat, solid oil/fat, waxes, ester oil, hydrocarbon oil, silicone oil, silicone, anioninc surfactants, cationic surfactants, amphotytic surfactants, non-ionic surfactants, lower alcohols, sterols, water soluble polymers, sequestering agents, neutralizing agents, pH adjusting agents, antimicrobial agents, perfumes and pigments.

10 These base agents and such are blended into the liniment composition for preventing environmental stress of the present invention in combination according to the recipe designed for the desired form.

15 Specific recipes of the liniment composition for preventing environmental stress of the present invention are described in the following examples.

EXAMPLES

20 Specific descriptions of the present invention are given below by referring to examples and such. The technological range of the present invention should not be interpreted as limited to those examples.

25 [Test example]

A. Testing of the influence that floating fine particles have on conditions of the skin

The following experiment was conducted to capture, as a phenomenon on the skin, the influence of floating fine particles on conditions of the skin in a stressful environment where the skin is exposed to tobacco smoke and/or exhaust gas at high frequencies.

A-1. Testing of the influence on the corneum moisture content

The floating fine particles exposure apparatus 10 shown in FIG. 1 was used to expose a testee's skin to tobacco (with 24 mg of tar and 2.4 mg of nicotine) smoke or exhaust gas fine particles sampled from an exhaust outlet of an automobile for 10 minutes per day for three months consecutively by bringing the medial aspect of the testee's forearm near the discharge port 14 of the floating fine particles of this exposure apparatus 10 (Exposure apparatus 10 uses a three-mouthed flask 11. That is, one of the mouths of the three-mouthed flask is used as an air inlet 12, another is used as an inlet 13 for floating fine particles such as tobacco smoke, and the third mouth is used as a discharge port 14. Floating fine particles such as tobacco smoke flow in through inlet

13 of the floating fine particles and an air flow which flows in through air inlet 12 is used to discharge them through open discharge port 14 of the floating fine particles. An object which is brought close to this
5 discharge port 14 can be exposed to the floating fine particles such as tobacco smoke.

Changes in the corneum moisture content after consecutive exposure to tobacco smoke or exhaust gas fine particles for the aforementioned three months
10 were analyzed by using a CorneometerTM (Courage and Khazaka, Germany).

The corneum moisture content is one of the indicators of skin conditions and is known to be an indicator which allows determination of the amount of
15 moisture in the corneum. That is, in the case of rough skin, the corneum moisture content is smaller. A higher value of the corneum moisture content indicates better skin conditions.

The aforementioned testing indicated that an
20 approximately 20% or more reduction in the corneum moisture content was observed in the group which was exposed to tobacco smoke and an approximately 10% or more reduction in the corneum moisture content was observed in the group which was exposed to exhaust
25 gas. It became clear that both exposed groups

clearly suffered a reduction in the corneum moisture content and therefore an aggravation of their skin conditions.

Also, aggravation of the appearance of the skin, such as scaling, was observed in the groups which were exposed to tobacco smoke or exhaust gas.

This testing made it clear that, in a stressful environment, a relatively long-term contact of the skin with floating fine particles causes adverse effects on conditions of the skin. The aforementioned testing made it clear that, when a "stressful environment" occurs, (1) the skin is exposed to the stressful environment where it frequently comes into contact with floating fine particles, and that (2) aggravation of appearance such as rough skin, lackluster skin and reddening and/or some adverse effects such as a reduction in the corneum moisture content are observed.

A-2. Testing of the oxidation reactions on the skin

In this testing, oxidation reactions on the skin in a stressful environment were investigated.

Based on an epidemiologic report to the effect that smokers, compared with nonsmokers, have more wrinkles and poor conditions of the skin (Donald P.

Kaudunce, MD et. al., ; Annals of Internal Medicine;
114: 840-844 (1991) and a report to the effect that
many radicals are contained in tobacco smoke
(William A. Pryor et. al.,; Environmental Health
5 Perspectives:64:111-126 (1985)), testing was
conducted to determine whether or not oxidation
reactions due to radicals are observed on the skin in
an environment in which people are very frequently
exposed to tobacco smoke, such as an office with a
10 heavy smoker in it.

It is known that a phenomenon called "ultraweak
chemiluminescence: CL" occurs on the skin of a
living body including a human. This ultraweak
chemiluminescence is known to occur in the radiation
15 deactivation process of electrons from the excited
state to the ground state.

For example, radicals such as singlet oxygen,
excited carbonic acid, excited carbonyl, etc. are
known to be this luminescent substance in a living
20 body. Therefore, if this ultraweak
chemiluminescence can be monitored, it is possible to
adequately identify the oxidation reactions occurring
on the human skin.

Based on this principle, in this testing, the
25 degree of the aforementioned ultraweak

chemiluminescence due to tobacco smoke in human fibroblast cells, which perform an important role in maintaining human skin, was determined and thus the oxidation reactions on the skin under a stressful environment were investigated.

Specifically, human fibroblast cells (NB1RGB) were cultured in a MEM medium in a 35 mm Petri dish until they were subconfluent. After this culture, the medium for them was replaced by a new MEM medium with the same composition and then an overnight culture was carried out under the same conditions as above.

After the culture was completed, the medium was removed and replaced with PBS (-) and the ultraweak chemiluminescence from the aforementioned human fibroblast cells adhered to the bottom of the Petri dish was measured for 10 minutes using a chemiluminescence detector (model CLD-110 from Tohoku Electronic Industries Co., Ltd.). The number of photoelectrons generated during this time was converted to an electric voltage to obtain the blank value of the ultraweak chemiluminescence.

Using the exposure apparatus for floating fine particles shown in FIG. 1, the human fibroblast cells in the Petri dish(s) were then exposed to tobacco (with

24 mg of tar and 2.4 mg of nicotine) smoke from discharge port 14 for 90 seconds. Thirty seconds after the exposure, the ultraweak chemiluminescence from the cells was measured for 30 minutes in the same manner using the chemiluminescence detector.

As a result, hardly any ultraweak chemiluminescence was observed in the control group which had not been exposed to tobacco smoke. However, more than normal ultraweak chemiluminescence was observed in the group which had been exposed. This fact was discovered by the inventors for the first time.

The exposure apparatus for floating fine particles shown in FIG. 1 which was used in the aforementioned testing was used to conduct testing identical to the aforementioned testing except for the fact that exhaust gas fine particles sampled from an exhaust outlet of an automobile engine were used instead of tobacco. As was the case with the aforementioned tobacco smoke, more than normal ultraweak chemiluminescence was observed in the human fibroblast cells, indicating excessive oxidation reactions.

B. Testing of environmental stress suppression

B-1. Testing of suppression of a reduction in the corneum moisture content

An 1.0 wt% aqueous solution of each of 1) α -
5 tocopherol, 2) β -carotene, 3) thiotaurine (from Sogo
Pharmaceutical Co., Ltd.), 4) hypotaurine (from Sogo
Pharmaceutical Co., Ltd.), 5) glutathione, 6) tannin,
7) vitamin C derivative [L-ascorbic acid phosphate
(magnesium)], 8) thiotaurine + malic acid, 9)
10 hypotaurine + malic acid and 10) glutathione + malic
acid (when combined with malic acid, 1.0 wt% of malic
acid was contained as well as 1.0 wt% the antioxidant)
was applied on the medial aspect of a human forearm.
For each of these, the blank value of the corneum
15 moisture content was measured. For the controls,
"the group with no drug applied" and "the non-
exposure group", which was not exposed to tobacco
smoke or exhaust gas, were used.

Using the tobacco smoke exposure apparatus
20 shown in the aforementioned FIG. 1, the medial aspect
of the human forearm onto which the aforementioned
ingredients had been applied was exposed to tobacco
smoke or exhaust gas for 10 minutes a day for three
months and the corneum moisture content of that area
25 was investigated.

The results are shown in FIG. 2.

FIG. 2 indicates that the aggravation of skin conditions which would occur due to exposure to tobacco smoke or exhaust gas was effectively prevented by certain antioxidants, specifically 3) thiotaurine (from Sogo Pharmaceutical Co., Ltd.), 4) hypotaurine (from Sogo Pharmaceutical Co., Ltd.), 5) glutathione, 6) tannin and 7) vitamin C derivative [L-ascorbic acid phosphate (magnesium)].

Although 1) α -tocopherol and 2) β -carotene are known to be substances with very strong antioxidant actions, it was clearly shown that these could only minimally suppress the aggravation of skin conditions due to exposure to tobacco smoke or exhaust gas.

It has become clear from these results that this suppression effect on the reduction in the corneum moisture content was improved by blending in hydroxycarboxylic acid in addition to these antioxidants.

Thus, it became clear that certain antioxidants were very effective to suppress environmental stress.

B-2. Testing of suppression of oxidation

An 1.0 wt% aqueous solution of each of 1)

thiotaurine (from Sogo Pharmaceutical Co., Ltd.), 2)
hypotaurine (from Sogo Pharmaceutical Co., Ltd.), 3)
glutathione, 4) tannin and 5) vitamin C derivative
[L-ascorbic acid phosphate (magnesium)] was applied
5 on the medial aspect of a human forearm. For each of
these, a chemiluminescence detector (model OX-7 from
Tohoku Electronic Industries Co., Ltd.) whose sample
chamber had been modified for a human arm was used
to carry out a 30 minute measurement to obtain the
10 blank value of the ultraweak chemiluminescence for
each of them. For the control, a solution of 1.0 wt%
 α -tocopherol was used.

In the same manner as in the aforementioned
environmental stress suppression testing which used
15 the corneum moisture content of the skin as the
indicator, the medial aspect of a human forearm was
brought close to the floating fine particles exposure
apparatus shown in FIG. 1 to expose the medial aspect
of the forearm, onto which the aforementioned
20 ingredient(s) had been applied, to tobacco smoke for
90 seconds. Sixty seconds after exposure, the
ultraweak chemiluminescence of the exposed part was
measured for 30 minutes in the same manner as
described above.

25 The results are shown in FIG. 3. In FIG. 3, the

vertical axis represents the intensity of the ultraweak
chemiluminescence [a relative value (%) assuming the
blank value without anything applied to be 100] and
along the horizontal axis are the essential
5 ingredients of the liniment composition for
preventing environmental stress of the present
invention for which the testing was conducted.
Among these essential ingredients, the vitamin C
derivative refers to the aforementioned L-ascorbic
10 acid phosphate (magnesium).

It has become clear from these results that the
essential ingredient(s) in each liniment composition
for preventing environmental stress of the present
invention significantly reduces the ultraweak
15 chemiluminescence on the skin. That is, it has
become clear that each of the aforementioned
ingredients significantly reduces the oxidation
reactions on the skin.

The reduction of the ultraweak
20 chemiluminescence is particularly significant with
glutathione and thiotaurine, indicating they are
useful.

As described thus far, it has become clear that
certain antioxidants can suppress the oxidation
25 reactions on the skin which occur due to coming to

contact with floating fine particles in a stressful environment and will result in adverse effects such as skin aging.

However, the results of this oxidation suppression testing and the results of the
5 aforementioned investigation on the corneum moisture content are not necessarily in agreement. For example, tannin and vitamin C derivatives, which didn't exhibit very distinctive antioxidation effects,
10 produced good results in the testing of the corneum moisture content, which directly indicates the degree of suppression of actual adverse effects due to the environmental stress.

Also, α -tocopherol itself, which was used as a
15 control for this oxidation suppression testing, is known to be an excellent antioxidant, equivalent or better compared with the other antioxidants used for test samples in the testing. However, it could not effectively suppress the oxidation reactions on the
20 skin.

Recipe examples for the liniment composition for preventing environmental stress of the present invention are described below. The same testing as in the aforementioned testing was conducted for these
25 liniment compositions for preventing environmental

stress of the present invention and significant suppression of the aggravation of skin conditions (an increase in the corneum moisture content) was observed for all the liniment compositions.

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Example 1 Lotion

(Ingredients)

Blended amount

(wt% of the total liniment composition.

The same applies for the rest as well.)

10	(1) Tocopherol acetate	0.01
	(2) Glycerine	4.0
	(3) 1,3-butylene glycol	4.0
	(4) Thiotaurine	0.1
	(5) Ethanol	7.0
15	(6) Polyoxyethylene (18) oleyl alcohol ether	0.5
	(7) Methyl paraben	0.2
	(8) Citric acid	0.05
	(9) Sodium citrate	0.1
	(10) Perfume	0.05
20	(11) Purified water	Balance

<Preparation method>

Citric acid, sodium citrate, glycerine, and 1,3-butylene glycol were dissolved in purified water
25 (water phase). Separately, ethanol, polyoxyethylene

(18) oleyl alcohol ether, tocopherol acetate, perfume and methyl paraben were dissolved and added to said water phase, followed by solubilization and filtering to obtain the aforementioned lotion.

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Example 8 Cream

(Ingredients)	Blended amount (wt%)
(1) Cetostearyl alcohol	3.5
(2) Squalane	40.0
10 (3) Bees wax	3.0
(4) Reduced lanolin	5.0
(5) Ethyl paraben	0.3
(6) Polyoxyethylene (20) sorbitan monopalmitate	2.0
15 (7) Monoglyceride stearate	2.0
(8) Sodium N-stearoylglutamate	0.5
(9) 2-hydroxy-4-methoxybenzophenone	1.0
(10) Thiotaurine	0.1
(11) Perfume	0.05
20 (12) 1,3-butylene glycol	5.0
(13) Purified water	Balance

<Preparation method>

(1)-(10) were dissolved by heating and, while
25 being stirred, added to (11)-(13) heated up to 70°C.

This was treated with a homogenizer to make the emulsion particles finer, followed by rapid cooling with stirring to obtain the aforementioned cream.

5 Example 3 Emulsion

(Ingredients)		Blended amount (wt%)
	(1) Stearic acid	1.5
	(2) Cetyl alcohol	0.5
	(3) Bees wax	2.0
10	(4) Polyoxyethylene (10) monooleate	1.0
	(5) Octyl methoxycinnamate	2.0
	(6) Thiotaurine	0.1
	(7) Triethanolamine	0.75
	(8) Glycerine	7.0
15	(9) Ethyl paraben	0.3
	(10) Perfume	0.03
	(11) Purified water	Balance

<Preparation method>

20 Thiotaurine, glycerine and triethanolamine were added to purified water and the temperature was maintained at 70°C (water phase). Other ingredients were mixed and dissolved by heating and the temperature was maintained at 70°C (oil phase). The
25 oil phase was added to the water phase and pre-

emulsification was carried out, followed by homogeneous emulsification by a homogenizer. After this, the system was rapidly cooled while being stirred to obtain the aforementioned emulsion.

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Example 4 Foam pack

(Ingredients)	Blended amount (wt%)
(1) Thiotaaurine	0.1
(2) 1,3-butylene glycol	5.0
10 (3) Glycerine	7.0
(4) Methyl paraben	0.1
(5) Potassium hydroxide	0.15
(6) Stearic acid	0.5
(7) Myristic acid	1.0
15 (8) Batyl alcohol	1.5
(9) Polyoxyethylene (60) hardened castor oil	3.0
(10) Perfume	0.05
(11) Liquid petroleum gas	6.0
20 (12) Dimethyl ether	3.0
(13) Purified water	Balance

<Preparation method>

(1)-(5) were added to (13) and dissolved by heating up to 70°C. (6)-(10), stirred and heated up to

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75 °C , were added to this mixture, followed by thorough stirring and cooling. After filling a container with this mixture, (11) and (12), spraying agents, were put into the container to obtain the
5 aforementioned foam pack.

Example 5 Ointment

	(Ingredients)	Blended amount (wt%)
	(1) Thiotaaurine	0.1
10	(2) Tocopherol acetate	1.0
	(3) Stearyl alcohol	18.0
	(4) Japanese core wax	20.0
	(5) Polyoxyethylene (20) monooleate	0.25
	(6) Glycerine monostearate	0.3
15	(7) Vaseline	40.0
	(8) Purified water	Balance

<Preparation method>

Thiotaaurine was added to purified water and the
20 temperature was maintained at 70°C (water phase).
The rest of the ingredients were mixed and dissolved
at 70°C (oil phase). The oil phase was added to the
water phase and homogeneously emulsified with a
homogenizer, followed by cooling to obtain the
25 aforementioned ointment.

Example 6 Powdery foundation

(Ingredients) Blended amount (wt%)

Powder:

5	Talc	20.3
	Mica	35.0
	Kaolin	5.0
	Titanium dioxide	10.0
	Mica titanium	3.0
10	Zinc stearate	1.0
	Red iron oxide	1.0
	Yellow iron oxide	3.0
	Black iron oxide	10.2
	Nylon powder	10.0
15	Binding agent:	
	Squalane	6.0
	Lanolin acetate	1.0
	Octyldodecyl myristate	2.0
	Diisooctanoic acid neopentyl alcohol	2.0
20	Sorbitan monooleate	0.5

Others:

Thiotaurine	0.1
Preservative, antioxidant	Appropriate amount
Perfume	Appropriate amount

Preparation Method

The aforementioned powdery foundation was prepared using a conventional method.

EXAMPLE 7

Preparation of Exhaust Gas Sample.

0.1g of a residue of exhaust particles (DEP) was prepared as described in "Biological Effects of Diesel Exhaust Particles" by M. Sagai, Free Radical Biology & Medicine, vol. 14, pp. 37-47, 1993. This residue was mixed with 5 ml of hexane, which was then evaporated off and the resultant residue mixed with 5 ml of benzene. The benzene was then evaporated off, and the resulting residue mixed with 5 ml of methanol, and the methanol evaporated off to produce a sample containing quinone and quinone radical.

Testing of Exhaust Gas Sample.

The sample produced above was then contacted with human skin fibroblast cells which were prepared as follows:

Skin cell preparation

Human skin fibroblasts (supplied by Riken Cell Bank) were cultured in Eagle's minimum essential medium containing 10% fetal bovine serum and maintained at 37°C in a 5% CO₂ humidified incubator and cultivated until confluent on a 35 mm dish.

Testing of Control Sample

The cultured human skin fibroblasts in said dish were then immersed in phosphate buffer. 20 μ l of a mixture of 20 ml of the exhaust gas sample containing quinone produced from the exhaust gas as described above, together with about 5 cc. of TWIN 80

surfactant (manufactured by Toho Chemical Co.) was then added to this mixture, and measurement of the intensity of ultraweak chemiluminescence was carried out as described above.

Testing of Thiotaurine Treated Cells

Human skin cells were cultured as described above. Then 1 mmol of thiotaurine and in 1 ml. of a phosphate buffer were added to the dish containing the cultured human skin cells. 20 μ l. of mixture of the sample containing quinone and quinone radical and TWIN 80 surfactant were then added to the above medium containing thiotaurine, human skin cells and a phosphate buffer to obtain an experimental sample #1.

The experimental sample #1 was then tested to determine the intensity of ultraweak chemiluminescence as described above. The results are shown in Fig. 4.

3. Experimental Sample #2.

The procedure described above was performed. However, 5 mmol of thiotaurine was used instead of 1 mmol as in the previous example, and the intensity of ultraweak chemiluminescence are determined for the resulting sample.

The results are shown in Fig. 4.

INDUSTRIAL APPLICABILITY OF THE INVENTION

As described thus far, the liniment composition for preventing environmental stress pertaining to the present invention is suitable for eliminating the stress which has adverse effects on the skin among types of stress due to floating fine particles which float in the air.